CLASS NOTES	
Class- III	Topic- Our Food
Subject- Evs	Chapter-04
	(Work sheet)
Note: Not to be written in EVS notebook.	
Q-1.Fill in the blanks.	
1. Plants which give us food are called <u>crops</u> .	
2. We <u>cook</u> most of the food we eat.	
3. <u>Fruits</u> and <u>vegetables</u> protect us from illnesses.	
4. Our body needs the right kind of food to be <u>healthy</u> . 5. The big shapkeepers are called wholeselers	
5. The big shopkeepers are called <u>wholesalers</u> .	
Q-2. Tick the correct option.	
1. Which among the following are not cereals?	
a) pea b) wheat	c) rice
Ans: a	
2. Vegetable that grows above the ground	
a) onion b) potato Ans: c	c) cabbage
Ans. C	
3. Food which is good for health	
a) Chocolates and sweets b) fruits and vegetables c) chips and cold drinks	
Ans: b	
4. Dals, peas and beans are	
a) cereals b) pulses c) spices	
Ans: b	c) spices
5. Milk is	
a) Plant product b) animal product c) sea product	
Ans: b	
The above content has been prepared at home	