

# HALF YEARLY EXAMINATION, 2024-25

## PSYCHOLOGY

Time – 3 Hrs.

Class – XII

M.M. -70

Date –14.09.2024 (Saturday)

Name of the student \_\_\_\_\_ Section \_\_\_\_\_

### GENERAL INSTRUCTIONS:

- All questions are compulsory except where internal choice has been given.
- Question Nos. **1-15 in Section A carry 1 mark each.** You are expected to answer them as directed.
- Question Nos. **16-21 in Section B are very short answer type questions carrying 2 marks each.** Answer to each question should not exceed 30 words.
- Question Nos. **22-24 in Section C are short answer type-II questions carrying 3 marks each.** Answer to each question should not exceed 60 words.
- Question Nos. **25-28 in Section D are long answer type - I questions carrying 4 marks each.** Answer to each question should not exceed 120 words.
- Question Nos. **29-30 in Section E are long answer type - II questions carrying 6 marks each.** Answer to each question should not exceed 200 words.
- Question Nos. **31 – 34 in Section F are based on two cases given.** Answer to **each 1 mark question** should not exceed 20 words. Answer to **each 2 marks question should not exceed 30 words.**

### SECTION - A

Q1. Sunita scores highest in class. She is highly attentive, grasps very quickly, recalls accurately but rarely comes out with ideas of her own. Her classmate Rita is average in academic performance but she always finds out new ways of doing her assignment. Whom do you consider creative as per this example

- a) Sunita is creative      b) Sunita and Rita both are creative  
c) Rita is creative      d) None of them are creative

Q2. Ramesh is aggressive by nature but he remains remarkably submissive while interacting with his seniors in office. This is a typical example of \_\_\_\_\_

- a) Mood Swings      b) Situationism      c) Resilience      d) Psychological attribute

Q3. In the question given below, there are two statements Assertion (A) and Reason (R).

Read the statements and chose the correct option

**Assertion (A):** The C A S can be used to assess cognitive deficits in children with learning problems for suggesting appropriate remedy.

**Reason (R):** It consists of verbal and non-verbal tasks that measure basic cognitive functions of individuals between 5- 18 years of age.

### **Options**

- a) Both A and R are true, and R is the correct explanation of A  
b) Both A and R are true, but R is not the correct explanation of A  
c) A is true, R is false  
d) A is false, R is true

- Q4. Some individuals are found to stop smoking the moment they decide to do so. They are usually high in \_\_\_\_\_.
- a) Self Esteem      b) Self Concept      c) Self Regulation      d) Self Efficacy
- Q5. Anik is thin long and fragile in terms of his body built and temperamentally he is brainy, artistic and introvert. Identify Anik's personality type according to Sheldon 's classification .
- a) Endomorphic      b) Mesomorphic      c) Ectomorphic      d) None of those
- Q6. Sandhya's personality is being assessed by Rorschach Ink- Blot Test. She was shown the test cards one at a time and asked what she could see in each of them. Which phase of the test is depicted above?
- a) Enquiry      b) Rapport Establishment      c) Performance Proper      d) None of these
- Q7. Ridhima belongs to a small town that emphasizes strict gender roles and limited interactions outside the family. After moving to a metropolitan city, she experiences social anxiety leading to feelings of isolation and depression. The model that best explains Ridhima's condition is \_\_\_\_\_.
- a) Diathesis Stress Model      b) Biological Model  
c) Psychodynamic Model      d) Socio-Cultural Model
- Q8. Which among the given statements is / are true for understanding psychological disorders in the middle ages?
- Demonology and superstition were used as explanations of psychological disorders.
  - Mental anguish and conflicts were considered as reasons for psychological disorders.
  - Disturbed interpersonal relationships were emphasized to explain mental disorders.
  - There was emphasis on de-institutionalization for people with psychological disorders.

### Options

- a) Only i is true      b) i and ii are true      c) only iii is true      d) ii and iv are true
- Q9. Deepak has been diagnosed to be suffering from Generalized Anxiety Disorder. The low activity of which neurotransmitter is linked to anxiety disorders?
- a) Dopamine      b) Serotonin      c) gamma aminobutyric acid      d) ICD-10
- Q10. Reema, a class XII student is exceptionally talented in painting and is very good in academics. While planning for post school education, she is facing a tough time to choose between the talent based or academic based career options. Identify the type of stress she is experiencing.
- a) Social Pressure      b) Internal Pressure      c) Frustration      d) Conflict
- Q11. Two statements are given in the question below as Assertion (A) and Reason (R). Read the statements and choose the appropriate option

**Assertion (A):** Stressed individuals often expose themselves to pathogens.

**Reason (R):** Stressed individuals often have poor nutritional habits, disturbed sleep and a tendency to engage in health risking behaviours like smoking /alcohol consumption/drug abuse.

### Options

- a) Both A and R are true, and R is the correct explanation of A  
 b) Both A and R are true, but R is not the correct explanation of A  
 c) A is true, R is false  
 d) A is false, R is true
- Q12. Prakhar prefers to communicate his feelings freely and confidently. Identify the life skill reflecting in his behaviour .  
 a) Behavior Management  
 b) Rational Thinking  
 c) Positive Thinking  
 d) Assertiveness
- Q13. In which type of group is the relationship amongst members impersonal, boundaries permeable and meetings less frequent?  
 a) In-group                      b) Primary group              c) Formal group              d) Secondary group
- Q14. In the question given below, there are two statements marked as Assertion (A) and Reason (R). Read the statements and choose the correct option.  
**Assertion (A):** It is difficult to leave or gain membership in a group which is highly cohesive.  
**Reason (R):** As the group becomes less cohesive, group members start to think, feel and act as a social unit.  
 Options:  
 a) Both A and R are true and R is the correct explanation of A.  
 b) Both A and R are true and R is not the correct explanation of A.  
 c) A is true but R is false.  
 d) A is false but R is true.
- Q15. A working group was formed to organise the annual sports competition in a school. At a particular stage, there was lot of conflict in the group. Identify this stage and the stage that is likely to follow it.  
 a. The group was at the storming stage followed by the norming stage.  
 b. The group was at the norming stage followed by the forming stage.  
 c. The group was at the storming stage followed by the performing stage.  
 d. The group was at the forming stage followed by the norming stage.

### **SECTION - B**

- Q16. How did Charles Spearman explain the concept of intelligence? 2

**OR**

State the importance of emotional intelligence.

- Q17 A clinical psychologist requires information from the client's family regarding the client's behaviour at home / other social situations. Critically evaluate the assessment method that the psychologist will be using in this case? 2
- Q18. In India Mallick and Joshi have developed the Jodhpur Multiphasic Personality Inventory (JMPI ). From which test it has been adapted? Explain its important uses? 2

- Q19. Priyanka has been advised to undergo stress management training for overcoming exam related anxiety. Briefly define any two techniques that you think would be helpful for her to manage this stress? 2
- Q20. Physicians diagnose illness based on certain diagnostic criteria. How are Psychological disorders diagnosed? 2
- Q21. Differentiate between in group and out group. 2

### **SECTION - C**

- Q22. Ranjan has faced lots of mishaps in his life. However, he experiences less illness despite high levels of stress. Explain the personality traits that makes people like Ranjan resistant to stress? 3
- Q23. Explain the three types of traits conceptualised by the psychologist Gordon Allport? 3
- Q24. Mohit understands the motive, feeling and behaviour of others, can develop comfortable relationship with them. He loves to travel and appreciates the beauty of different species of flora and fauna. In accordance with Gardner's theory, identify the intelligences Mohit possesses along with the related professions. Based upon the given information, explain any one intelligence that Mohit may not be possessing? 3

**OR**

Vikram loved his job but he was unhappy with his team leader. When Vikram was approached with a better job offer, he recommended the name of his team leader who willingly accepted it. According to Sternberg, explain the type of intelligence Vikram used to modify his work environment.

### **SECTION - D**

- Q25. Shweta's intelligence tests reveal that she has exceptional general ability. Identify this variation of intelligence and its characteristics. How can the school help her in reaching full potential? 4
- Q26. A psychologist uses projective techniques to assess Rupa's personality. What are the chief features and benefits of using those techniques for personality assessment compared to the direct methods? 4
- Q27. Explain how Lazarus and Folkman have conceptualised coping styles along with examples? 4
- Q28. Paromita opposes the idea of under-age children in TV reality shows. After attending a discussion on the same, Paromita's opinion not only strengthened but she also started a protest group. Which group phenomenon is taking place here? Why does this phenomenon occur? 4

**OR**

Sakshi is a member of school basketball team. Santosh belongs to the group of teachers to help students with co-curricular activities in school. State the differences between Sakshi's team and Santosh's group?

### **SECTION - E**

- Q29. A number of research based theories has been developed to understand personality. Discuss three theories that categorize humans into different personality types? 6

**OR**

According to Freud, individuals avoid anxiety by using mechanisms that protect the ego by distorting reality. What are these mechanisms called? Explain its different types with the help of examples.

- Q30. Give a brief overview of how psychological disorders have been viewed across different ages?

**OR**

Explain the psychological models for understanding abnormal behaviour?

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### **SECTION – F**

**Read the following passage and answer question numbers 31 and 32.**

#### **Case Study 1**

The Fire Control Department received a call that fire has swept through a house. It started with the explosion of gas cylinder used for cooking. Suman, a student of class VIII got injured and was admitted to the hospital. While talking to a press reporter, she expressed that her mother was in the kitchen when this accident occurred. The cylinder burst with a loud sound and the fire spread with great speed. The exit door also caught fire. Her mother shouted in panic as if she has lost all hope and fainted in the kitchen. Suman was determined to save her mother. She said 'I don't know how I got the energy to drag my mother alone to the room. I broke the window there and jumped out. My back was hurt but without wasting time, I sought the help from my neighbour and rescued my mother. I am happy that we both are safe'. Hearing this story, the reporter was impressed with her bravery, quick decision making and sound judgment .

- Q31. Referring to the General Adaptation Syndrome Model, mention the stage and the type of response generated by the noxious stimulus (fire) in Suman and her mother? 1
- Q32. With reference to this model, explain in brief what happens when a person is exposed to severe stressors for a prolonged period? 2

#### **Case Study 2**

**Read the following passage and answer question numbers 32 and 33.**

Mohsin, a 6-year-old boy has difficulty in feeding and dressing himself, but training from his parents has helped him to be a little independent. He faces trouble making friends outside his family and has difficulty in dealing with people in social situations. His parents are always worried about him and are aware that he needs consistent level of supervision for daily tasks. Mohsin's peers finds it difficult to understand what he says as he lags behind in communication and language skills.

The school psychologist, special educators and teachers are focused upon engaging his family in meaningful future planning using a variety of resources as well as strategies which included information sharing , training sessions and supportive counselling .

- Q33. Identify the disability Mohsin is exhibiting along with the level in which Mohsin can be categorized? 1
- Q34. Explain the symptoms of more severe form of this disability ? 2

